

INFORMATION FOR NEW CLIENTS



South West Counselling Incorporated
Head Office: 122 Adelaide Street,
Busselton: Ph 97542052 Fax 97547000
Email: admin@swcounselling.org.au
Website: www.swcounselling.org.au

Counselling Services



- Counselling for all types of reasons.
- You may refer yourself. Your GP can also refer.
- Referral to other services can be made if you need other help.
- Your counsellor can speak for you (advocate) with other agencies if you wish.
- Employment Assistance Programmes (EAP) are available for working people.
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Some benefits of counselling:

- To explore and better understand your concerns.
- To feel more in control of your life.
- Greater self awareness and choices.
- Usually between one and six sessions. Clients needing more sessions will be helped providing SWC can assist at the time.

About counselling.

We encourage you to be open and honest at counselling.

Confidentiality

We work under the Commonwealth Government Privacy Act of 2000
Your details are confidential.

Mediation Services

- We can help you develop Parenting Plans for your children. You don't need to go to the Family Court. This helps to reduce the costs of separating where there are children.
- We offer help for neighbour disputes.
- Corporate Mediation Services are available. For help with workplace conflict.

Fees

These fees are for one session for counselling. If you can't keep your visit please phone and cancel. Sessions may be for up to one hour.



- Pension & Health Care Card holders \$10
- Family income up to \$49,000 per year \$30
- Family income over \$50,000 \$50

Having money problems? Ask your counselor for help with fees.

Donations above the set fee are welcome, and are tax deductible. If you have a high income it may be cheaper for you to make a donation? You could then claim this back on your tax. We will issue you a receipt for your tax for all donations over \$2.

Book an appointment?



Please ring **97542052** during business hours to make a booking.



Clients - please arrange child care for your own children during sessions. We are not able to provide child minding facilities.

South West Counselling is a government funded community based agency covering the lower south west of Western Australia. We commenced in 1982 and have served the south west since that time. We provide a range of services including counselling and mediation. We offer you a professional, confidential service at a low cost.

We do provide help to children, individuals, couples, families, and seniors. We welcome people with special needs.